# Bag-of-Foods: Analysis of Personal Foodlogging Data

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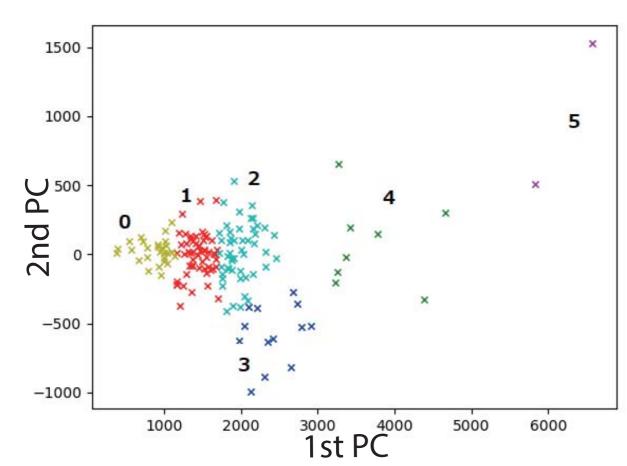
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### Motivation

- Foodlogging tool, FoodLog, has collected records more than 1.5M records
- We have proposed Bag-of-Foods (BoF) to represent ones' diet preference using users' record rather than Food Frequency Questionnaire

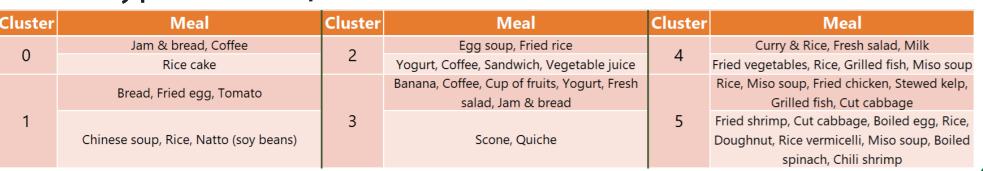
### **Nutrition-based User Clustering**

- Each meals represented by 31 nutrition values
  - Calorie, fats, carbons, proteins, minerals, vitamins
- 157 users clustered to 6 groups by k-means clustering PCA result



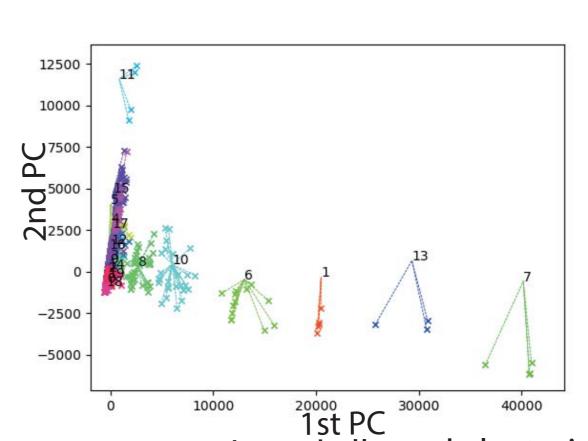
Cluster 0 and 4+5 show significant differences according to the actual meals listed in the table

Typical example of meals users in each cluster eat



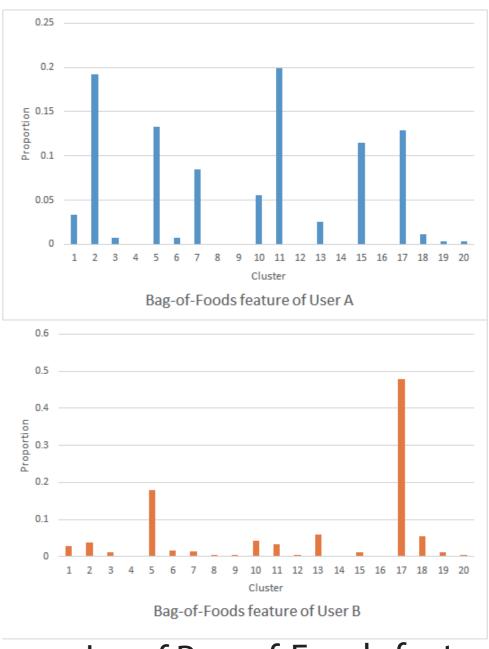
### What's Bag-of-Foods

- Previous results shown nutrition-based clustering give users' preference
- Vectorize users' diet preference with Bag-of-Words method
- 1. All meals clustered by k-means based on 31 nutrition value
- 2. Each user is characterized with the frequency of meals of each cluster the user intaked



nutrition-based all meal clustering

Clustering gave interpretable "words" of meals



Examples of Bag-of-Foods feature of 2 users when # clusters = 20

# **Evaluation of Bag-of-Foods**

Is Bag-of-Foods able to calculate similarity of users' diet preferences? Generated the data of similar & dissimilar users for evaluations as follows Similar user:

Devide one uses' foodlogging data into 2 virtual users **Dissimilar user:** 

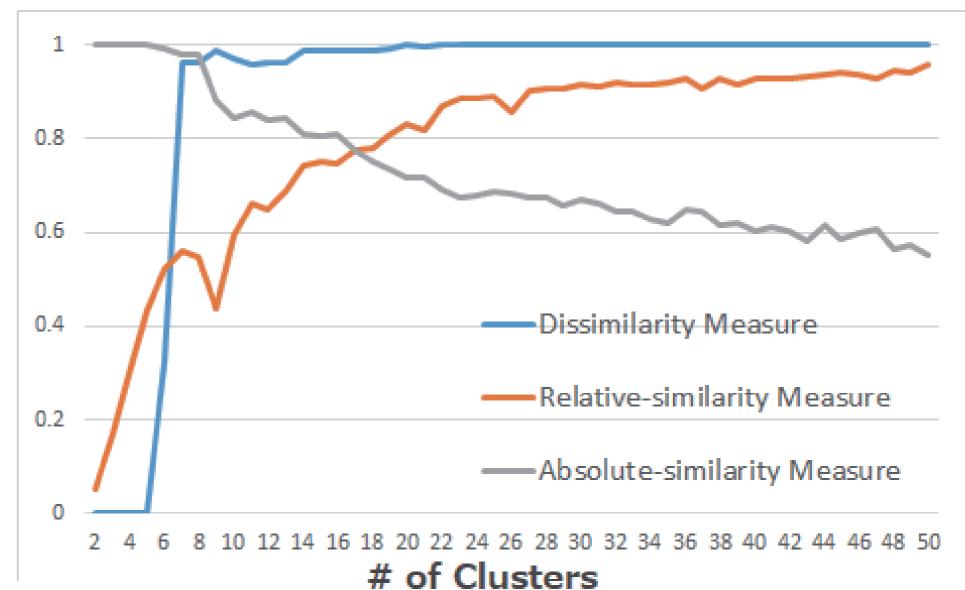
The users specified as dissimilar users innutrition-based user clustering above (Cluster 0 vs. Cluster 4 + 5)

Measures for evaluation

#### **Dissimilarity measure:**

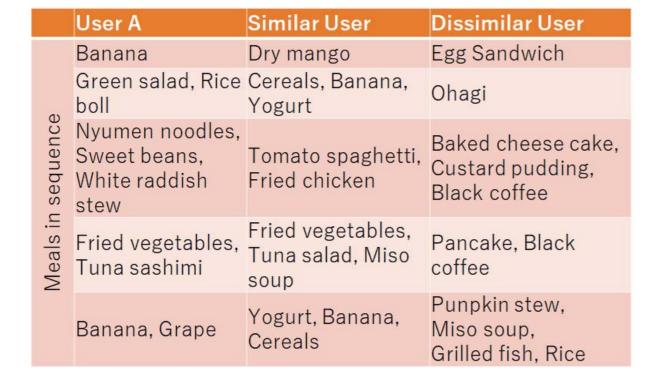
Proportion of dissimilar users placed far in feature space **Relative-similarity measure:** 

Proportion of users whose similar user's Bag-of-Foods is closer than any other users



3 measurement scores in each number of clusters

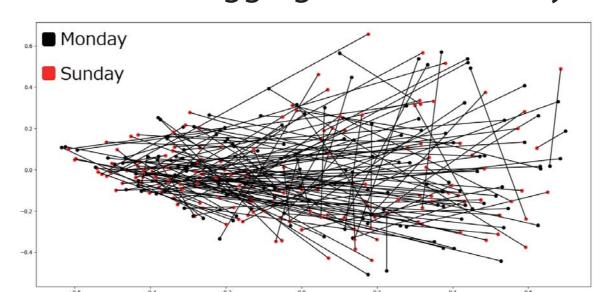
### **How Different?**



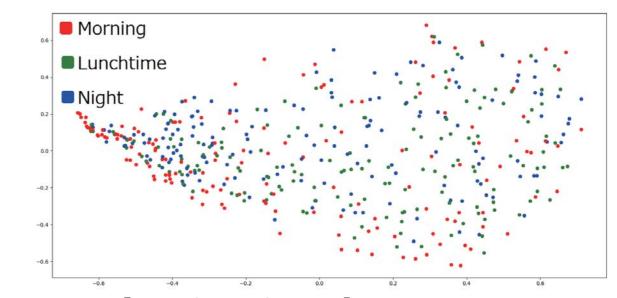
3 users' actual foodlogging data in sequence

# Diet Preference Analysis using Bag-of-Foods

Users' foodlogging data devided by each timescale to visualize time-specific behavior



Scale: day in the week
BoF feature show huge daily diversity
within a user



Scale: time in a day
Morning meals are deviated compared
to other times

### Conclusion

BoF with 20 words found 83.1% of similar user

→ BoF is effective for personal diet preferece representation

Even for the same users BoFs change drastically on the differencet days

#### **Future Work**

Extend BoF to Temporal (monthly, weekly, daily) BoF to analyze temporal variation of users' diet preference